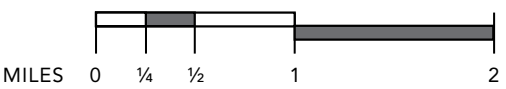


SYMBOLS

- 1 Bike Shop (see panel on back for key)
- A Community Center
- H Hospital
- S Shopping Center
- Elementary School
- Secondary School
- L Library
- T Transit Centers
- One-Way Streets
- Steep Hills
- B-Cycle Bike Share Stations
- Mountain Biking Facilities
- Fixit Self-Help Repair Stations

LEGEND

- MULTI-USE TRAILS** These trails, for the exclusive use of non-motorized users, often run along waterways like the Papio Creek system or the Missouri River, abandoned railroads, greenways, or through parks. Other multi-use trails are especially wide paths along streets, but separated from motor vehicles.
- BIKE OMAHA SYSTEM** This system of marked on-street routes connects downtown, major central city destinations, and the trail system.
- BIKE LANES** Bike lanes provide a painted lane intended only for the use of cyclists within the roadway.
- MARKED SHARED ROUTES** These streets are designated bike routes, marked by signs and sharrows (shared use pavement markings).
- CONTINUOUS LOW-VOLUME STREETS** These streets have low traffic and are suitable for most cyclists. The routes shown on the map serve destinations and trails and provide ways to move through neighborhoods.
- EXPERIENCED RIDER STREETS** These streets have moderate traffic volumes and are generally suitable for experienced cyclists comfortable with riding in mixed traffic.
- ROADS WITH SHOULDERS** These roads have paved shoulders that can be used by bicyclists but are not specifically intended for bicycle use.
- CONNECTED ROUTES** These emphasized routes combine trails and streets to cover relatively long distances. Some were identified during MAPA's Heartland 2050 planning process.
- FUTURE BIKEWAYS** These streets are planned for major bicycle projects within the next few years. These projects include cycle tracks or street modifications.
- OTHER STREETS** The map indicates some streets, including high-traffic corridors, for reference purposes only. It also shows the network of local streets that serve neighborhoods. These streets have very low volumes, but offer connections needed to make longer trips.
- HILLS** We have hills in the metropolitan area! This symbol indicates hills with grades between 5% and 8%, which are the steepest grades on most of the identified streets. Always check out your route in advance to be sure that it works well for you and your physical abilities.



2017 Edition

The Omaha Metropolitan Area Bicycle Map

ABOUT THE BICYCLE MAP

Bicycling is a great way to travel around the metropolitan area. More people every day are discovering bicycling for recreation and transportation to work, school, entertainment, and shopping. Our growing metropolitan trail system, highlighted by the Bob Kerrey Pedestrian Bridge, is very popular with bike riders, runners, and walkers, and links many parts of the region together. But trails don't go everywhere and people often use the street system for commuting, access to trails, recreational trips, and other purposes. That's where the Bicycle Map comes in. It is designed as a tool to help you find routes to take you through the city by bicycle. You'll also find information here about the BikeOmaha system, Heartland B-cycle (Omaha's growing bike share program), Bikes on Buses, Bus Rapid Transit (BRT), and other initiatives. *Bicycling* magazine lists Omaha as one of America's top 50 cities for bicycling and we have been named a Bicycle Friendly Community by the League of American Bicyclists. We hope this map helps you enjoy the pleasures of the bicycle as a healthy and rewarding method of transportation.

The preparation and reproduction of this document was financed in part with funding from the United States Department of Transportation (USDOT), administered by the Nebraska Department of Roads (NDOR). The opinions, findings and conclusions expressed in this publication are those of the authors and do not necessarily represent USDOT or NDOR.

6/17

DISCLAIMER: Users of this map assume all responsibility for their own safety. Live Well Omaha, project sponsors and supporters, the authors of this map, and any city and county governments included in the map, will not be liable for injury or damages of any kind arising from your use of this information. This information is provided without warranty of any kind, express or implied. You, as a cyclist, must use facilities appropriate to your individual skills and capabilities. You must also be aware that neighborhood environments, traffic and street conditions change from time to time, and that high traffic volumes at certain times of day may make streets and roads less suitable to your specific ability or level of comfort.

THE LEGAL STUFF

Bicycling in the city is fun and pleasant, but also requires a great deal of caution and attention. Motorists are often inattentive and unaware of your presence. People on bikes act in accordance with the traffic laws of cities and states. People have different levels of skill and comfort, from riders who are uncomfortable sharing the road with cars to seasoned urban bicyclists. This map can help you plan routes that you find comfortable, whatever your preference. The map categorizes streets in ways that help you plan routes and navigate through the metropolitan area. It is no way guarantees your safety. You should examine each street in your proposed route carefully, and should consider driving routes in advance to be certain that you are comfortable with the streets you have chosen. Remember: the streets can be dangerous places, and you can get hurt. Make a great deal of care to keep yourself safe.

HOW TO USE THIS MAP

BE SAFE...

"Cyclists fare best when they act and are treated as drivers of vehicles."
- John Forester, *Effective Cycling*

"Any person who operates a bicycle upon a highway shall have all the rights and duties applicable to the driver of a vehicle under the Nebraska Rules of the Road except for special bicycle regulations in the rules."
- Nebraska Revised Statutes, Section 60-6314

"And you know what they say, whether the stone hits the pitcher or the pitcher hits the stone...it's going to be bad for the pitcher."
- Sancho Panza in *Man of La Mancha*

PUT THE SUPERIORITY OF THE BICYCLE ON DISPLAY

BE RESPONSIBLE, UNFLAPPABLE, AND POLITE.

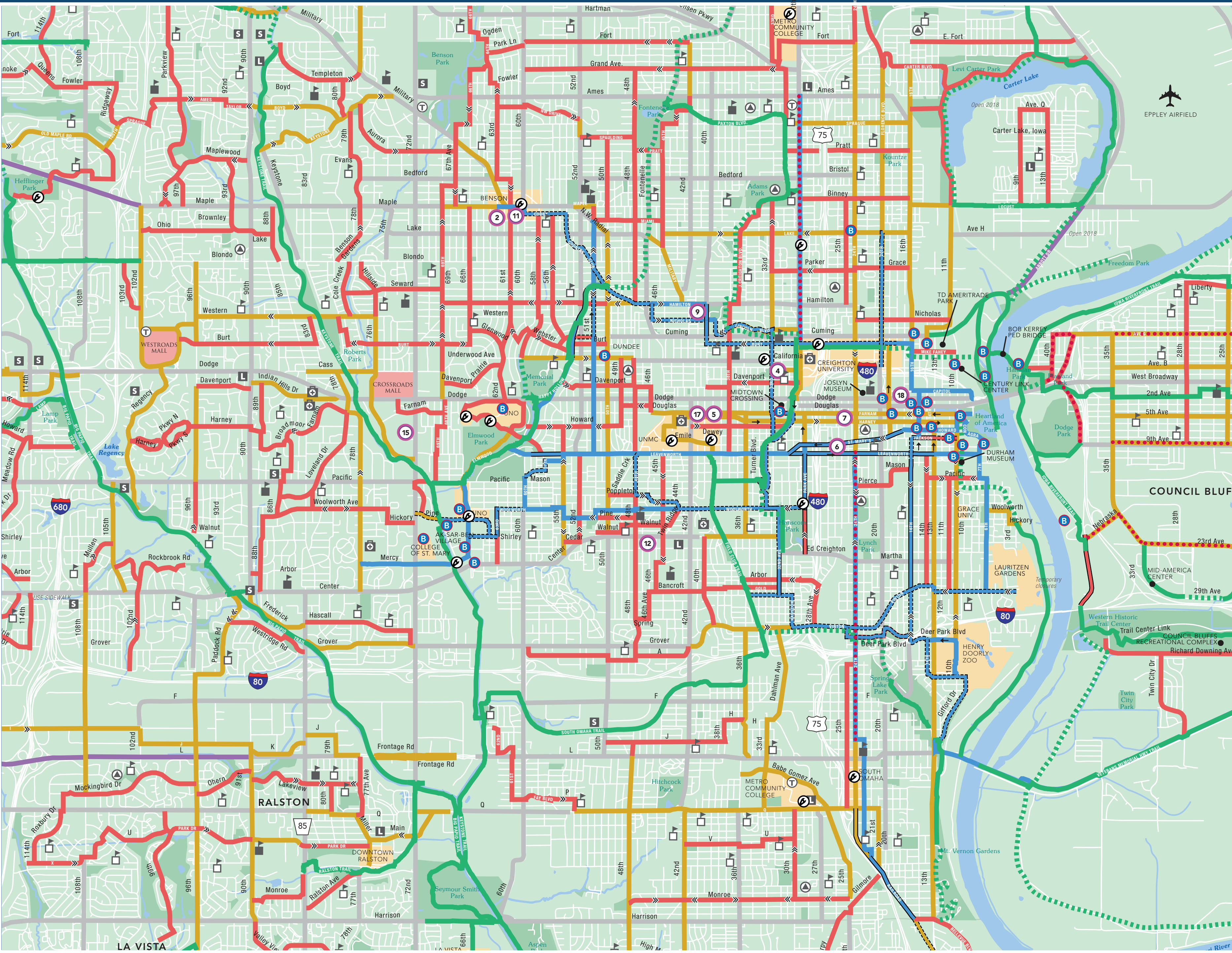
RIDE WITH STYLE, GRACE AND INTELLIGENCE.

RIDE WITH FEAR AND JOY."

-Robert Hurst

CENTRAL AREA DETAIL

“Whoever invented the bicycle deserves the thanks of humanity.” ~ Lord Charles Beresford



LEGEND

Major Trails

BIKE LANE SYSTEM This system of marked on-street routes connects Downtown, major central city destinations, and the trail system.

BIKE LANES Bike lanes provide a painted lane intended only for the use of cyclists within the roadway.

MARKED SHARED ROUTES These streets are designated bike routes, marked by signs and sharrows (shared use pavement markings).

CONTINUOUS LOW-VOLUME STREETS These streets have low traffic and are suitable for most cyclists. The routes shown on the map serve destinations and trails and provide ways to move through neighborhoods.

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ROADS WITH SHOULDERS These roads have paved shoulders that can be used by bicyclists but are not specifically intended for bicycle use.

CONNECTED ROUTES These emphasized routes combine trails and streets to cover relatively long distances. Some were identified during MAPA's Heartland 2050 planning process.

FUTURE BIKEWAYS These streets are planned for major bicycle projects within the next few years. These projects include cycle tracks or street modifications.

OTHER STREETS The map indicates some streets, including high-traffic corridors, for reference purposes only. It also shows the network of local streets that serve neighborhoods. These streets have very low volumes, but do connections needed to make longer trips.

HILLS We have hills in the metropolitan area! This symbol indicates hills with grades between 5% and 8%, which are the steepest grades on most of the identified streets. Always check out your route in advance to be sure that it works well for you and your physical abilities.

1 Bike Shop (see panel at right for key)

A Community Center

H Hospital

S Shopping Center

E Elementary School

L Library

T Transit Centers

↑ One-Way Streets

» Steep Hills

B B-Cycle Bike Share Stations

M Mountain Biking Facilities

R Fixt Self-Help Repair Stations

MILES 0 1/4 1/2 1

THE BIKE OMAHA SYSTEM

BIKEOMAHA is a network that combines shared streets, bicycle boulevards, bike lanes, and pathways to connect the metropolitan trail system to Downtown Omaha and other important destinations. BIKEOMAHA will serve Downtown, the Riverfront, Creighton University, UNO, the Medical Center, Lauritzen Gardens, Henry Doory Zoo, Midtown Crossing, Aksarben Village, many city parks, and other destinations. The first part of the system will provide about 20 miles of designated routes, and is funded by foundation grants. Watch for future announcements as the system develops.

AKSARBEN ROUTE

BENSON ROUTE

DOORY ROUTE

HAPPY HOLLOW ROUTE

MIDTOWN ROUTE

BIKE ROUTE CONNECTOR

BLUE LINE

BRT (Canning 2018)

TO Downtown

VA Medical Ctr 0.6

Field Club Trl 0.7

Hanscom Park 1.3

US 276 Trail

South Omaha Trail

ABOUT US

Since 1995, Live Well Omaha has served as a "backbone" organization for collaborative efforts aimed at transforming Omaha into the healthiest place to live, work, and play. Live Well Omaha is built on partnerships aimed at addressing health disparities. Our vision is that the Omaha metro will be the healthiest place because every person will have equitable opportunity to live well. For more information about Live Well Omaha initiatives and activities, visit our website at www.livewellomaha.org or call 402.915.1613.

All of Metro's full-sized buses now feature easy-to-use bike racks that open many new possibilities. For example, you can cycle from your house to a bus stop or transit center, mount your bike on the bus-mounted rack, ride comfortably to the stop nearest your destination, and bike the rest of the way. Metro's Transit Centers, served by many bus lines, also have bicycle parking facilities. Please visit www.ometro.org for detailed information on Bike and Ride and for schedules and maps of all Metro bus routes.

Heartland B-cycle is the Omaha metro area's bike sharing system with 33 stations and 180 B-cycles. Station locations include Aksarben Village, Dundee, Midtown Crossing, North Omaha, Downtown Omaha, Downtown Council Bluffs, and along the Riverfront. To use the system purchase an access pass on line or at a station. Pick up and return a B-cycle at any station. Any checkout over an hour will cost extra. You can take unlimited checkouts with your valid access pass. Visit www.heartlandbicycle.com or call 402.882.2221 for more information and a list of stations.

BE A SMART CYCLIST:
Ride Predictably and Responsibly, and Obey The Rules of The Road

Fitting Your Helmet

When you shake your head from side to side, a correctly fitted helmet will **STAY IN PLACE**.

What to Wear

You can ride in everyday clothes, but special gear can increase your comfort on longer rides and increase safety at night and in bad weather.

Rules of the Road

FOLLOW THE LAW
Obey signals and stop signs. Ride with traffic.
BE PREDICTABLE
Make your intentions clear. Ride in a straight line. Signal turns.
BE CONSPICUOUS
Be visible. Use lights. Make eye contact.
TURN AHEAD
Anticipate what other drivers will do. Look out for hazards.
BE READY
By ABC Quick Check before riding. Carry tools. Wear a helmet.

Principles of Law

Bicyclists almost always follow the same laws as other drivers. Here are some key principles.

Bike Lanes

Striped and signed bike lanes provide dedicated space for bicyclists. Treat bike lanes like any other travel lane and follow the rules of the road.

Parked Cars & Doors

Be especially careful around parked cars. Ride outside of the door zone and watch carefully for signs that people are opening doors.

Riding at Night

Always use a **white** headlight and **red** rear light (or at least a red rear reflector).

In Poor Visibility

A flashing rear light can help keep you safe.

Intersections

The most important part of riding through intersections happens before you reach them, so be ready.

1-Lane

Position yourself in the lane with respect to your destination direction.

Multi-Lane Intersections

Place yourself in the rightmost lane traveling in the direction you're going.

Sharing Trails

Know the trail rules. Be courteous. Be predictable. Be safe.

Riding on Sidewalks

Sidewalk riding can be dangerous because motorists are not looking for you. Sometimes, though, it is unavoidable for short distances.

Signaling

Always let others know when you're turning, changing lanes, or stopping.

Scanning

Before you change lanes or stop, always look over your shoulder and up ahead. Signal your turn, and make your move.

Crossing Exit Ramps

Move into the area between the main road and the exit ramp. Scan for merging traffic, when clear, move across the exit ramp as close to a right angle as possible.

One-Way Streets

In Nebraska, you can ride in either the right or left-hand lane. Make left turns from the left-hand lane.

Sharrows

Sharrows (shared lane markings) increase awareness of bicyclists on major routes. In Omaha, they are often accompanied by signs that give bicyclists the right to use the full lane.

What to Do in a Crash

1. MAKE SURE YOU'RE SAFE - COLLECT YOURSELF!
2. CALL THE POLICE AND FOLLOW REPORTING LAWS.
3. IDENTIFY OTHER INVOLVED PARTIES.
4. CHECK YOUR BIKE FOR DAMAGE.
5. DOCUMENT YOUR ACTIONS AFTER THE CRASH.
6. CONNECT WITH THE CYCLING COMMUNITY.
7. DECIDE WHETHER TO HIRE AN ATTORNEY.
8. CONTACT THE MOTORIST'S INSURANCE COMPANY.
9. PUBLICIZE YOUR CRASH THROUGH RESOURCES PROVIDED BY ADVOCACY GROUPS.

Be Prudent, Alert, Careful, and Courteous

BICYCLE SHOPS

Current as of May, 2017

Nebraska

1 Bike Masters
5265 North 129th Street
402.964.1080
bikemasterscycling.com

2 Bike Pedlar
2723 North 63rd Street
402.556.2453

3 The Bike Rack
14510 Eagle Run Drive
402.333.1031
bike-rack.com

4 Community Bicycle Shop
525 North 33rd Street
402.957.2454
communitybikeproject.org

5 Dundee Cycles
3924 Farnam Street
402.884.7860
shopdundeecycles.com

6 Ferguson's Bike Shop
2602 Leavenworth Street
402.315.8997
fergusonsbikeshop.com

7 Greenstreet Cycles
2452 Harney Street
402.505.8002
greenstreetcycles.com

8 Omaha Towne Cyclery
2227 Madison Street
402.714.2453
otcyclery.com

9 Olympia Cycle
4910 South 135th Street
402.895.5300
olympiacycleohama.com

10 Olympia Cycle
4910 South 135th Street
402.895.5300
olympiacycleohama.com

11 Omaha Bicycle Company
6015 Maple Street
402.315.9900
omahabicycleco.com

12 Re-Cycle Bike Shop
4701 Center Street
402.344.SALE (7253)
recyclebikeshop.net

13 Scheels
17202 Davenport Street
402.592.5666
scheelsports.com

14 The Bike Way
15115 Industrial Road
402.392.2390
thebikeway.com

15 Trek Bicycle Store
7214 Jones Street
402.884.1820
trekbicyclestores.com

16 Trek Bicycle Store
8410 S 73rd Plaza
402.884.1820
trekbicyclestores.com

17 Ponderosa Cyclery + Tour
4011 Farnam Street
402.614.1392
ponderosacyclery.com

18 The Bike Union
1818 Dodge Street
402.345.0213
thebikeunion.org

Iowa

19 Endless Trail Bike Shop
15 South 23rd Street
712.322.0767
endlesstrail.tripod.com

20 True Wheel Bicycle Co.
120 West Broadway
712.328.0767
truewheelbikes.com

21 Xtreme Wheels
33 South Main Street
712.388.0800
xtremewheels.com

ORGANIZATIONS

Live Well Omaha
www.livewellomaha.org

Bellevue Bicycle Club
www.bellbicycleclub.org

Bicycle Ride Across Nebraska
www.bran-inc.org

League of American Bicyclists
www.bikeleague.org

Mode Shift Omaha
www.modeshiftomaha.org

Nebraska Bicycling Alliance
www.nebike.org

Omaha Bikes
www.omahabikes.org

Omaha DEVO
www.omahadevo.org

Omaha Pedalers Bicycle Club
www.opbc.clubexpress.com

T.H.O.R.
www.trailsforallrespect.org

AGENCIES

Police Emergency 911

City of Omaha www.cityofomaha.org

City of Council Bluffs www.councilbluffs-ia.gov

City of Bellevue www.bellevue.net

City of La Vista www.ci-la-vista.ne.us

City of Papillion www.papillon.org

City of Ralston www.cityofralston.com

Douglas County, Nebraska www.douglascounty-ne.gov

Sarpy County, Nebraska www.sarpy.com

Papio-Missouri River Natural Resources District
402.444.6222 www.papionrpd.org

State of Nebraska Department of Roads
www.nebraska transportation.org

Iowa Department of Transportation
www.iowadot.gov

Metro Transit
www.ometro.com

Metropolitan Area Planning Agency (MAPA)
www.mapacog.org

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BE WELL-EQUIPPED

RULE ONE: ALWAYS WEAR A HELMET

An approved bicycle helmet is your most important piece of safety equipment. It greatly reduces the risk of death or serious injury in a crash. Look for the CPSC or Shell Memorial Foundation sticker. Wear an approved helmet on trips of any length!

Look where you ride

Cyclists tend to steer in the direction that they're looking. Look straight ahead to avoid veering into oncoming traffic or going off the trail.

Control your pets

If you are a pedestrian walking a pet, keep them leashed. Use short leashes and walk paths on the outside of the trail. Remember that improper walking of a pet can cause crashes and serious injury.

BUS RAPID TRANSIT (BRT)

BRT is a high-capacity transit system that operates like a light rail and looks like a bus. Omaha's first BRT will run from Westroads to downtown. For cyclists, it can act as an extension of Omaha's bike network.

Biking: Bikes can help a rider get to and from the BRT station. B-cycle stations will be located at BRT stations on the eastern portion of the route and coordinate with destinations around town.

Parking: Bike racks will be featured at all BRT station pairs for those that wish to lock their bike.

Riding: Stations will offer level boarding onto BRT vehicles, which makes access to the onboard bike racks easy!

BRT's bike amenities and the racks on Metro buses combine to transport cyclists around the metro area.